

## **PRESS project**

PRESS (Preparedness and Satisfaction in Students) is a study dedicated to advancing osteopathic education. This project aims to improve and develop osteopathic training programs to provide high-quality preparation for students and osteopathic trainees.

Osteopathy is a complex medical discipline requiring in-depth knowledge of anatomy, physiology, pathology, and manual treatment techniques. Osteopathic students must receive comprehensive and up-to-date training to acquire the necessary skills for clinical practice.

The PRESS project involves a series of initiatives to advance osteopathic education. These may include:

- 1. Curriculum review:** One of the key aspects of the project is reviewing study programs to ensure they are aligned with the latest educational standards and best practices in osteopathy. This may involve the introduction of new modules, updating course content, and integrating new technologies into teaching.
- 2. Competency standards:** PRESS aims to define clear competency standards for osteopathic students. This may include the creation of specific competency lists that students must acquire during their training. These competency standards serve as benchmarks for assessing student learning and ensuring the quality of education.
- 3. Innovative teaching methods:** The PRESS project promotes the adoption of innovative teaching methods to make osteopathic education more interactive, engaging, and effective. This may include the use of advanced educational technologies, simulations, practical labs, clinical cases, and problem-based learning.
- 4. International collaboration:** PRESS fosters collaboration between osteopathic training institutions at the international level. This allows for the exchange of knowledge, experiences, and resources to improve osteopathic education globally. International collaboration may include exchange programs, joint research projects, and the development of common educational standards.

5. Evaluation and monitoring: PRESS includes the implementation of evaluation and monitoring systems to assess the effectiveness of osteopathic training programs and identify areas for improvement. This may involve collecting data on student outcomes, certification exam success rates, and feedback from students and osteopathic trainees.

The PRESS project aims to ensure that osteopathic education remains cutting-edge, equipping students with the skills needed to excel in clinical practice. This contributes to promoting high-quality osteopathic care and meeting patient needs through a comprehensive and up-to-date preparation of osteopaths.