

PERCEPTIO project

PERCEPTIO (PERson CEntred study on PercepTion In Osteopathy) is a study dedicated to investigating patient perception during treatments, with particular focus on manual medicine such as osteopathy. Patient perception is a fundamental element in the care experience and can influence both the therapeutic response and overall patient satisfaction.

The PERCEPTIO study aims to thoroughly explore and understand patient perception during manual treatments, focusing on various aspects such as tactile sensation, comfort, general well-being, trust level, and the quality of the therapeutic relationship. The objective is to obtain a complete and detailed view of the patients' experiences and reactions during treatment.

Using research methods such as qualitative interviews, questionnaires, patient diaries, and observations, PERCEPTIO gathers reliable and meaningful data on patient perception during treatments. Patients are invited to describe their physical and mental sensations, emotions, expectations, and reactions during and after treatment.

The PERCEPTIO study may also investigate individual differences in patient perception, such as the influence of personality traits, previous experiences, personal expectations, and cultural factors. This helps better understand how different individual characteristics can affect patient perception and treatment effectiveness.

The results obtained through the PERCEPTIO study provide valuable insights for improving clinical practice in manual medicine. Healthcare professionals can use this information to tailor and personalise treatments based on individual patients' needs and preferences. Furthermore, awareness of patient perception can help professionals improve communication, create a more comfortable therapeutic environment, and build trust with the patient.

In addition to impacting clinical practice, the PERCEPTIO study also contributes to scientific research on the effectiveness of manual treatments. Understanding patient perception can provide a more complete perspective on the therapeutic response and the effect of manual treatments on the patient's quality of life. This can help consolidate scientific evidence on the effectiveness of manual medicine and promote its integration into clinical practice.

In conclusion, PERCEPTIO is a significant study investigating patient perception during manual treatments. By collecting data on tactile sensation, comfort, general well-being, and the quality of the therapeutic relationship, the study offers valuable insights into patient response and treatment effectiveness. This can lead to the optimisation of clinical practice and a better understanding of the patient experience in manual medicine, such as osteopathy.