

## **HEVO** project

HEVO (Health Economic Evaluation of Osteopathic Treatment) is a study dedicated to the economic analysis of osteopathic treatment. The main goal of this project is to assess the financial impact of osteopathic treatment on society and the healthcare system, as well as to analyse its effectiveness in terms of cost-efficiency and value for money.

Osteopathy is a therapeutic discipline based on manual diagnostic and treatment principles to improve patients' health and well-being. Many studies have demonstrated the effectiveness of osteopathy in treating a wide range of conditions, such as musculoskeletal pain, nervous system disorders, digestive issues, and many others. However, it is also important to understand the economic aspects of osteopathic treatment to evaluate its sustainability and value in clinical practice.

The HEVO project involves evaluating the costs associated with osteopathic treatment, including direct costs (such as treatment sessions, medical visits, and diagnostic tests) and indirect costs (such as time lost from work due to illness). The project also analyses the long-term economic effects of osteopathic treatment, such as cost savings from reduced hospital admissions, fewer pharmaceutical prescriptions, and fewer invasive medical procedures.

The economic analysis conducted through the HEVO project may include various methodologies, such as cost-benefit analysis, cost-utility analysis, and cost-minimisation analysis. These methodologies allow for comparing the costs of osteopathic treatment with the benefits obtained, evaluating its effectiveness and efficiency relative to other available therapeutic options.

The results obtained from the HEVO project are useful for many stakeholders, including osteopathic professionals, policymakers, health insurers, and patients. They provide an evidence base to support the integration of osteopathy into the healthcare system, demonstrating its effectiveness and economic value. Additionally, the results can inform healthcare policy decisions and resource allocation, contributing to more efficient and sustainable healthcare service planning.

The HEVO project also contributes to a better understanding of health economics and evaluating alternative healthcare services. Through the economic analysis of osteopathic treatment, a more comprehensive perspective of osteopathy as a therapeutic option is promoted, integrating clinical and financial considerations in assessing its potential and benefits for society as a whole.

