

Dr Jorge Esteves, PhD, MA, BSc, DO

Head of Research, British School of Osteopathy

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<https://www.linkedin.com/pub/jorge-esteves/22/715/273>

SUMMARY

- Experienced academic with national and internationally recognised knowledge of osteopathic and healthcare education, quality assurance practices and statutory regulatory processes and requirements.
- Highly motivated and inquisitive individual with a developing competence profile in research. Currently investigating the effects of touch and pain on body and mind, particularly, how pain affects the way in which people process their emotions; how pain affects the sense of the self; and what is the role of touch in the modulation of pain, sense of the self and emotional processing.
- Extensive experience in curriculum development, planning, implementation, evaluation and quality assurance at undergraduate and postgraduate levels in the fields of osteopathy, research and higher professional education.
- Recognised excellence and innovation in clinical and research teaching, learning and assessment practices.
- Recognised ability to lead the development of osteopathy at local, national and international levels. Adaptive leadership style to suit the specific needs of disparate groups of academics, lay people and clinicians in academic, regulatory and professional practice settings.
- Experienced clinician with a well-developed competence profile; and an ability to critically appreciate the value of evidence based practice and to operate within multidisciplinary settings.

EDUCATION

Oxford Brookes University

PhD

2011

Thesis: Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise.

Oxford Brookes University

MA in Education

2004

Dissertation: Clinical Reasoning in Osteopathy: A Comparative Study of Experienced and Advanced Beginner Practitioners. Graduated with Distinction.

Oxford Brookes University

Postgraduate Diploma in Learning and Teaching in Higher Education

2003

Oxford Brookes University

Postgraduate Certificate in Teaching in Higher Education

2001

Oxford Brookes University

BSc in Osteopathy

1998

Oxford School of Osteopathy

Diploma in Osteopathy

1993

AWARDS

BSO Outstanding People Award	2011
International Conference on Advances in Osteopathic Research Experienced Researcher Award	2010
National Teaching Fellowship Scheme (NTFS): nominated in the category 'Rising Stars', UK	2004
Oxford Brookes University Teaching Fellowship	2004 – 2006

ACADEMIC AND PROFESSIONAL EXPERIENCE

Current appointments

British School of Osteopathy, London, UK

Head of Research

2013-

- Leading the development and implementation of the BSO's research and scholarship strategy.
- Playing key role in improving research education provision at the School and in the development of research capacity.
- Research active member of staff focused on investigating the role of diagnostic palpation in clinical decision making; and the links between emotional processing, chronic pain, body awareness and the role of touch in osteopathic treatment and patient care.
- Senior Lecturer in neuroscience and neurology
- Research supervision and teaching at masters and doctoral levels, incorporating Director of Studies, 2nd Supervisor and Training Roles.
- Member of the Research Degrees Committee at the University of Bedfordshire

General Osteopathic Council, London, UK

Non-Executive Council Member (Registrant)

2012-

- Member of Council and the Education and Standards Committee.
- The Council focuses on strategic development and major policy issues. The committees concentrate on implementing these policies.
- The General Osteopathic Council ensures that the interests of patients and the wider public are at the forefront of the regulation of osteopathy.

Instituto Piaget (Portuguese Private University), Lisbon, Portugal

University Professor, Programme Leader for Osteopathy

2015-

- Leading on the development, planning, accreditation and implementation and evaluation of the osteopathy pre-registration provision

QAA – Quality Assurance Agency for Higher Education, UK

Osteopathy Subject Reviewer

2005-

- Participation in the work undertaken by the QAA on behalf of the General Osteopathic Council to monitor the standards of osteopathic education in the UK.

Oxford Brookes University, Faculty of Health and Life Sciences, UK

Visiting Researcher

2014-

- Visiting Researcher - Movement Science Group based in the Faculty of Health and Life Sciences.

Ecole Supérieure d'Ostéopathie, Paris, France

Member of the Scientific Advisory Board

2014-

Elsevier, International Journal of Osteopathic Medicine, Oxford, UK

Associate Editor

2013-

- Member of the Editorial Board and Section Editor (Education) of International Journal of Osteopathic Medicine.
- As Section Editor I manage the review and editing of osteopathic education related submissions; I also contribute to the development of the journal.

Instituto de Técnicas de Saúde, Lisbon, Portugal

Consultant – Academic Director

2014-

- Advising the school on the development and implementation of the osteopathy pre-registration and postgraduate provisions.

Osteopathie Schule Deutschland (OSD), Hamburg, Germany

Member of the Scientific Advisory Board – Osteopathic Research Institute

2014-

Centre for Osteopathic Medicine (COME) Collaboration, Pescara, Italy

Member of the Board of Directors

Visiting Researcher

2015-

- Visiting Researcher – Clinical and Research Divisions.

Previous appointments

NVAO – Higher Education Accreditation Organisation of the Netherlands and Flanders, NL

Osteopathy Subject Reviewer

2011-2014

- Participation in the work undertaken by NVAO to accredit degrees in osteopathy in the Netherlands and Flanders.

Sri Sri University, Cuttack Odisha, India

Consultant

2012-2013

- Responsible for the development of the university osteopathy pre-registration curriculum.
- Advising the university on the development and implementation of the osteopathy pre-registration provision.

British School of Osteopathy, London, UK

Head of Postgraduate Studies and Research Education

2010-2013

- Instrumental in leading the development of the BSO's postgraduate and new pre-registration provision.
- Played key role in ensuring that the development of the postgraduate provision was informed by current developments in statutory regulatory, i.e. revalidation, and the

need for an enhanced competence profile as articulated in the Osteopathic Practice Standards and the Osteopathy Benchmark statement.

- Instrumental in informing Senior Management strategy concerning the provision of future full-time and part-time pre-registration courses, and in informing strategic direction regarding overseas collaborations.

Oxford Brookes University, School of Health and Social Care, UK

Programme Leader for Osteopathy

2009-2010

- Managed the university pre-registration osteopathy provision; led a team of academics and clinicians.
- Participated in a range of interprofessional activities across the school and university.
- Liaised with a range of external stakeholders both in the UK and overseas.
- Led a team of academics and clinicians.

Oxford Brookes University, School of Health and Social Care, UK

Research Leader for Osteopathy

2008-2010

- Planned, implemented and evaluated osteopathic research related activities at the university.
- Member of the National Council for Osteopathic Research in representation of Oxford Brookes University.
- Research active member of staff; member of the research committee and ethics committee.
- Supervised undergraduate and postgraduate research work.

Oxford Brookes University, School of Health and Social Care, UK

Senior Lecturer in Osteopathy

2002-2010

- Participated in a variety of teaching, research, curriculum development and external stakeholder activities.
- Recognised excellence in teaching, learning and assessment practices.
- Instrumental in the development, planning, implementation and evaluation of the osteopathy pre-registration provision.
- Led the team responsible for the development of the first Master of Osteopathy (M.Ost) programme in the UK, working at all appropriate levels within the university to ensure successful planning and implementation of the project.

Oxford Medical School, University of Oxford, UK

Visiting Lecturer in Osteopathy

2003-2010

Oxford Brookes University, School of Health and Social Care, UK

Clinical Education Coordinator, Osteopathy

2002-2004

- Led the team responsible for the development of the university osteopathy teaching clinic including the appointment of staff.
- Planned, implemented and evaluated the clinical education provision including its underpinning pedagogic framework.
- Led a team of clinical educators.

Oxford Brookes University, School of Biological and Molecular Sciences, UK

Lecturer in Osteopathy

1999-2002

- Participated in a variety of teaching, learning and assessment, curriculum development and external stakeholder activities.

Oxford School of Osteopathy, Lisbon, Portugal

Lecturer in Osteopathy

1994-1999

- Participated in a variety of teaching, learning and assessment activities.

Escola Superior de Ciencias Naturais e Homeopaticas, Lisbon, Portugal

Lecturer in Osteopathy

1997-1999

- Participated in a variety of teaching, learning and assessment activities.

RELATED ACADEMIC EXPERIENCE

Middlesex University, London, UK

External Examiner, Osteopathy

2007-2012

International Journal of Osteopathic Medicine, Elsevier, Oxford, UK

Member of the International Editorial Board

2008 – 2013

Institute D'Osteopathie Dauphine, Paris, France

External Examiner, Osteopathy

2011 –

Ecole Supérieure d'Ostéopathie, Paris, France

External Examiner, Osteopathy

2013 –

Istituto Superiore di Osteopatia, Milan, Italy

External Examiner, Osteopathy

2014 –

Manual Therapy, Elsevier, Oxford, UK

Reviewer

2007 –

International Journal of Osteopathic Medicine, Elsevier, Oxford, UK

Reviewer

2007 –

European Journal of Integrative Medicine, Elsevier, Oxford, UK

Reviewer

2012 –

Chiropractic & Manual Therapies, BioMed Central

Reviewer

2013 –

Advances in Health Sciences Education, Springer

Reviewer

2013 –

International Journal of Educational Policy Research and Review

Reviewer

2014 –

Journal of Yoga & Physical Therapy

Reviewer

2014 –

BMC Medical Education, BioMed Central Reviewer	2014 –
PLOS, ONE Reviewer	2014 –
Commission for Osteopathic Research, Practice and Promotion, Belgium Member of External Board of Scientific Counsellors	2012 –2015
Buckinghamshire New University, Uxbridge, UK External reviewer for Istituto Superiore di Osteopatia (ISO), Milan, osteopathy programme	2013 – 2014
General Osteopathic Council, London, UK Examiner of clinical competence: overseas applicants	2003 –2013
Higher Education Academy – Health Sciences and Practice, Kings College, London, UK Subject Adviser for Osteopathy	2001 – 2011
National Council for Osteopathic Research, London, UK Member: representative of Oxford Brookes University	2003 – 2010
Brookes E-Journal of Learning and Teaching, Oxford, UK Member of the Editorial Advisory Board	2004 – 2010
Oxford Brookes University, UK Member of Principal Lecturers in Learning and Teaching Committee	2004 – 2010
CLINICAL EXPERIENCE	
<i>Current appointments</i>	
Nina Manston & Associates, Oxford, UK Osteopath	2004 –
<i>Previous appointments</i>	
The Wallingford Therapy Clinic, Wallingford, UK Osteopath	2005 – 2014
Oxford Brookes University, School of Health and Social Care, Oxford, UK Osteopath	1999 – 2005
Centro Clinico Desportivo, Setubal, Portugal Osteopath	1993 – 1999
Team Osteopath, Portuguese Athletic Federation, Lisbon, Portugal Osteopath	1997 – 1999

RESEARCH RECORD

Published papers

1. *Esteves, JE, Geake J and Spence C (2008). Multisensory integration in an osteopathic clinical examination setting. International Journal of Osteopathic Medicine 11(4): 159-159.*
2. *Esteves JE, Wheatley L, Mayall C, Abbey H (2013). Emotional processing and its relationship to chronic low back pain: results from a case-control study. Manual Therapy 18 (6): 541-546.*
3. *Esteves JE, Bennison M, Thomson OP (2013). Script Concordance Test: Insights from the literature and early stages of its implementation in osteopathy. International Journal of Osteopathic Medicine 16(4): 231-239.*
4. *Esteves JE, Spence C (2014). Developing competence in diagnostic palpation: Perspectives from neuroscience and education. International Journal of Osteopathic Medicine 17(1): 52-60*
5. *Abbey A, Esteves JE, Vogel S, Tyreman S (2014). Assessing criticality in student research: preliminary results from a new educational activity. International Journal of Osteopathic Medicine 17(1): 12-21.*
6. *Esteves JE, Spence C (2014). Diagnostic palpation and decision making: A neurocognitive model of expertise. Russian Osteopathic Journal 1-2 (24-25): 92-109.*
7. *Spadaccini, J, Esteves JE (2014). Intuition, analysis and reflection: An experimental study into the decision-making processes and thinking dispositions of osteopathy students. International Journal of Osteopathic Medicine 17(4): 263-271.*
8. *Ribera d'Alcala C, Webster DG, Esteves JE (2015). Interoception, body awareness and chronic pain: results from a case-control study. International Journal of Osteopathic Medicine 18(1): 22-32. 10.1016/j.ijosm.2014.08.003.*
9. *Luciani E, van Dun PLS, Esteves JE, Lunghi C, Petracca M, Papa L, Merdy O, Jäkel A, Cerritelli F (2015). Learning Environment, Preparedness and Satisfaction in Osteopathy in Europe: The PreSS Study. PLoS ONE 10(6): e0129904*
10. *Esteves JE (2015). Embodied clinical decision making in osteopathic manipulative medicine. American Academy of Osteopathy Journal 25 (2), 13-6.*

Manuscripts currently under review

1. *Hohenschurz-Schmidt D, Esteves JE (submitted). The principle of tensegrity and its relevance to manual therapy: A critical appraisal. Journal of Bodywork and Movement Therapies.*
2. *Hohenschurz-Schmidt D, Esteves JE, Thomson OP (re-submitted). Tensegrity and manual therapy practice: A qualitative study. Manual Therapy.*

Published books and theses

1. *Esteves JE de J (2011). Diagnostic Palpation in Osteopathic Medicine: A Putative Neurocognitive Model of Expertise. Oxford Brookes University. Oxford, UK.*

Published articles (non-peer reviewed)

1. *Esteves JE, Vignaux JJ, Beckman E, Hennebicq JF (2015). Laterality and postural asymmetries in fencing. The Sword, British Fencing. London, UK.*
2. *Perez Garrote R, Esteves JE (2015). Acute effects of dehydration on fatigue and performance in fencers. The Sword, British Fencing. London, UK.*

Published abstracts

1. *Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at AMEE 2007 Association for Medical Education in Europe Conference 25-29th August 2007. Trondheim, Norway.*
2. *Esteves J, Geake J, Spence C (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK.*
3. *Esteves J, Spence C and Geake, J (2007). How do osteopaths use their senses in an osteopathic clinical examination? Poster Presentation at Body Representation Workshop, University of Trento, October 2007. Rovereto, Italy.*
4. *Esteves J, Geake J, Spence C (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine: results from a lexical decision-task. Platform Presentation at Osteopathy 2008, Osteopathic learning and practice – a global future, General Osteopathic Council, 3rd February 2008. London, UK.*
5. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6th June 2008. Oxford, UK.*
6. *Esteves J, Spence C and Geake, J (2008). Knowledge representation, causality and analogical reasoning in osteopathic medicine. Platform Presentation at School of Health and Social Care, Oxford Brookes University, 6th June 2008. Oxford, UK.*
7. *Esteves J, Geake J, Spence C (2008). Investigating knowledge representation, causality and analogical reasoning in osteopathic medicine. Platform Presentation at AMEE 2008 Association for Medical Education in Europe Conference 30th August-3rd September 2008. Prague, Czech Republic.*
8. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Poster Presentation at International Multisensory Research Forum, University of Hamburg, 16-19th July 2008. Hamburg, Germany.*
9. *Esteves J, Spence C and Geake, J (2008). Multisensory integration in an osteopathic clinical examination setting. Platform Presentation at International Conference on Advances in Osteopathic Research, Lake Erie College of Osteopathic Medicine, 5-7th September 2008. Florida, USA.*
10. *Esteves J, Spence C and Geake, J (2008). Investigating multisensory integration in an osteopathic clinical examination setting. Poster Presentation at Oxford Autumn School in Cognitive Neuroscience, University of Oxford, September. Oxford, UK*

11. *Esteves J, Spence C (2010). Am I imagining things? Eyes closure during a clinical examination improves diagnostic reliability in experienced osteopaths. Body Representation Workshop, Goldsmiths University of London, 30th March.*
12. *Esteves J, Spence C (2010). Investigating the role of vision and touch in the diagnosis of somatic dysfunction. Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28th-30th May 2010 in Milan, Italy.*
13. *Mayall C, Esteves J (2010). Emotional processing and its contribution to chronic lower back pain – a pilot study. Platform Presentation at International Conference on Advances in Osteopathic Research, Italian College of Osteopathic Medicine, 28th-30th May 2010 in Milan, Italy.*
14. *Esteves J, Spence C (2010). Eyes closure during a clinical examination reduces diagnostic variability in experienced osteopaths. Poster Presentation at International Multisensory Research Forum, University of Liverpool, 16-19th June 2010. Liverpool, UK.*
15. *Esteves J, Spence C (2011). The role of biomedical knowledge in osteopathic clinical decision making. Platform Presentation at AMEE 2011. Association for Medical Education in Europe Conference 29th – 31st August 2011. Vienna, Austria.*
16. *Esteves J, Spence C (2011). Am I imagining things? Eyes closure during palpation improves diagnostic consistency in experienced osteopaths. Platform Presentation at ICOM 2011. 1st October 2011. Potsdam, Germany.*
17. *Esteves J (2012). Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise. Platform Presentation at AMEE 2012. Association for Medical Education in Europe Conference 27th –29th August 2012. Lyon, France.*
18. *Esteves JE, Wheatley L, Mayall C, Abbey A (2012). Emotional processing, suppression and chronic low back pain: results from a case-control study. Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14th-16th September 2012 in London, UK.*
19. *Esteves JE, Mathias E, Ford M, Abbey A (2012). Emotional processing and chronic neck pain: results from a case-control study. Poster Presentation at International Conference on Advances in Osteopathic Research, British College of Osteopathic Medicine, 14th-16th September 2012 in London, UK.*
20. *Abbey A, Esteves JE, Vogel S, Tyreman S (2013). Assessing criticality in student research: preliminary results from a new educational activity. Platform Presentation at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.*
21. *Ribera d'Alcala C, Esteves JE, Webster D (2013). Interoception, body awareness and chronic pain: preliminary results from a case-control study. Platform Presentation at International Conference of Osteopathic Medicine, 27th – 29th September 2013, Pescara, Italy.*
22. *Burato E, Esteves JE (2013). Touch in osteopathy: an exploration of its role in diagnosis and treatment. Platform Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15th-17th November 2013, Milan, Italy.*

23. *Esteves JE, Bennison M, Thomson OP (2014). Implementation and evaluation of the Script Concordance Test in osteopathy. Platform Presentation at Ottawa Conference and Canadian Conference on Medical Education, 25th-29th April 2014, Ottawa, Canada.*
24. *Esteves JE, Bennison M (2014). Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy. Symposium Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31th May-1st June 2014. Barcelona, Spain.*
25. *Esteves JE, Bennison M (2014). Script Concordance Test: A novel computer based tool to assess clinical reasoning in osteopathy. Workshop at OSEAN Open Forum: Innovation in Osteopathic Education, 31th May-1st June 2014. Barcelona, Spain.*
26. *Burato E, Esteves JE (2015). Touch in Osteopathy: an Exploration of its Role in the Clinical Setting. Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.*
27. *Milan, M, Esteves JE (2015). The Relevance of Oxytocin in Manual Therapy: A Critical Narrative Review. Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.*
28. *Cerritelli F, Esteves JE (2015). Could affective touch be therapeutic? A manual medicine perspective. Poster Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.*
29. *Abbey, H, Esteves JE, Nanke L (2015). Exploring the potential role of affective touch in grounding manual therapy interventions for patients with persistent pain. Platform Presentation at International Association for the Study of Affective Touch: Inaugural Congress, 20th-22nd March 2015, London, UK.*
30. *Esteves JE (2015). Chronic back pain and emotional processing. Platform presentation at The Society for Back Pain Research Annual Conference, 5th-6th November 2015, Bournemouth, UK.*
31. *Esteves JE (2015). Chronic pain and emotional processing. Platform presentation at Symposium: Emotional processing; new developments in medicine, psychology and psychosomatic at British Psychological Society, Division of Clinical Psychology Annual Conference, 2nd-4th December 2015, London, UK.*

Unpublished work

1. *Esteves J (2004). Clinical Reasoning in Osteopathy: A Comparative Study of Experienced and Advanced Beginner Practitioners. Unpublished Masters Dissertation. Oxford Brookes University. Oxford, UK.*

Invited presentations

1. *Esteves J (1996). O Ombro em Osteopatia (An Osteopathic Approach to Shoulder Dysfunctions), Conference Presentation. Associacao Colegial Portuguesa de Osteopatas, Universidade Moderna, Lisbon, Portugal.*
2. *Esteves J (1997). Cadeias Musculares e Prevencao de Lesoes de Sobrecarga (Muscles Chains, Prevention and treatment of overuse injuries). Keynote presentation. Portuguese Athletic Federation, Lisbon, Portugal.*
3. *Esteves J (1998). Estabilidade da Bacia e Prevencao e Tratamento de Lesoes de Sobrecarga na Marcha Atletica (Pelvic Stability, An Osteopathic Approach to the Treatment and Prevention of Overuse Injuries in*

- Race Walking*). Dissemination of research findings from study conducted with the Portuguese Race Walking Team, between March and October 1998, Portuguese Athletic Federation, Lisbon, Portugal.
4. Esteves J (2003). *Clinical reasoning and reflective practice in osteopathic practice*, Keynote presentation GEDOP, Lisbon, Portugal.
 5. Esteves J, Spence C and Geake, J (2008). *Investigating multisensory integration in an osteopathic clinical examination setting*. Invited Presentation at Osteopathy 2008, Osteopathic Research Conference, General Osteopathic Council, 1st February 2008. London, UK.
 6. Esteves J (2010). 'Looking inside the 'black box': investigating processes in osteopathic education and practice'. 1as Jornadas Lusofonas Osteopatia e Saude, 6th November 2010, Lisbon, Portugal.
 7. Esteves J, Spence, C (2010) *Investigating how osteopaths use their senses in the diagnosis of somatic dysfunction*. 1as Jornadas Lusofonas Osteopatia e Saude. Portugal. 6th November 2010.
 8. Esteves J (2011). *Diagnostic reasoning in osteopathy: types of knowledge and reasoning strategies*. Low back pain conference. BSO, London. May 2011.
 9. Esteves JE (2011). *Diagnostic palpation in osteopathic medicine: A putative neurocognitive model of expertise*. Keynote Presentation at OSEAN Open Forum: Teaching Palpation 29th September 2011. Potsdam, Germany.
 10. Esteves JE (2012). *Diagnostic palpation in osteopathy: expertise, intuition and decision making*. Invited presentation at Manchester Metropolitan University One-day Philosophy Workshops on Evidence, Values and Practice, 6th November 2012. Crewe, UK.
 11. Esteves JE (2012). *Palpation in osteopathy: expertise, multisensory perception and interoceptive awareness*. Keynote Presentation at 9th International Osteopathic Symposium in Nantes, 16th November 2012. Nantes, France.
 12. Esteves JE, Abbey, H (2012). *Critical thinking in osteopathy: promoting capacity development in research and scholarship*. Workshop at 9th International Osteopathic Symposium in Nantes, 16th November 2012. Nantes, France.
 13. Esteves JE, Thomson OP (2013). *Clinical Reasoning: Biomedical knowledge, osteopathic concepts, intuition and rationality in osteopathic clinical decision making*. Workshop at International Osteopathic Education Conference 2013: Preparing Tomorrow's Osteopaths – Designing and Implementing and Osteopathic Curriculum, London, UK.
 14. Esteves JE (2013). *Diagnostic palpation and decision making in osteopathy*. 3as Jornadas Lusofonas Osteopatia e Saude, 4th May 2013, Lisbon, Portugal.
 15. Esteves JE (2013). *Emotional processing and its relationship to chronic low back pain: results from a case-control study*. 1st Research Symposium: Manual Therapy and Musculoskeletal Medicine at British School of Osteopathy, 22nd May 2013, London, UK.

16. Esteves JE (2013). *Chronic pain and perception of self: complementary diagnostic and treatment approaches in osteopathic practice. Workshop at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14th- 16th June, 2013, Saint Petersburg State University, St. Petersburg, Russia.*
17. Esteves JE (2013). *Perception of self and chronic pain: Implications for osteopathic diagnosis and treatment. Keynote Presentation at Osteopathy Open 2013: The Role of Structural and Functional Disorders in the Formation of Disease, 14th- 16th June, 2013, Saint Petersburg State University, St. Petersburg, Russia.*
18. Esteves JE (2013). *Touch as an epigenetic stimulus for the central nervous system. Keynote Presentation at International Conference of Osteopathic Medicine, 27th – 29th September 2013, Pescara, Italy.*
19. Esteves JE (2013). *Palpation in osteopathy: towards an embodied model of clinical decision making. Keynote Presentation at 16th International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4th-6th October 2013, Bamberg, Germany.*
20. Esteves JE (2013). *Developing palpatory competence through guided reflection. Workshop at 16th International VOD Congress: Find the Health – Perception, Palpation, Diagnosis, 4th-6th October 2013, Bamberg, Germany.*
21. Esteves JE (2013). *Palpō ergo sum – “I palpate, therefore I am”: On an embodied model of decision making. Keynote Presentation at International Congress of Osteopathy: Structure & Function – Principles, Models and Evidence, 15th-17th November 2013, Milan, Italy.*
22. Esteves JE (2014). *Evidence informed osteopathic care: challenges and opportunities. Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 10th May. Lisbon, Portugal.*
23. Esteves JE (2014). *Promoting safety and effectiveness in osteopathic care through clinical decision making: insights from educational and cognitive science. Keynote Presentation at OSEAN Open Forum: Innovation in Osteopathic Education, 31st May-1st June 2014. Barcelona, Spain.*
24. Esteves JE (2015). *Pain - neuroscience, patient evaluation, treatment and education. Workshop at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 29th May. Lisbon, Portugal.*
25. Esteves JE (2015). *Emotional processing and regulation in chronic pain sufferers: An osteopathic perspective. Keynote Presentation at Osteopathy Day – Escola Superior de Tecnologias da Saúde de Lisboa, 30th May. Lisbon, Portugal.*
26. Esteves JE (2015). *Embodied clinical decision-making, palpation and touch in osteopathy. Keynote Presentation at National Osteopathic Archive History Society Symposium on Touch and Palpation in Osteopathy, 26th September. London, UK.*

Other presentations/conferences organised

1. *Member of the organising committee/reviewer for the Osteopathic Research Conference, Osteopathy 2008, organised by the General Osteopathic Council on the 1st February 2008 and Osteopathic Learning and Practice – a global future, organised by the General Osteopathic Council and British School of Osteopathy on the 3rd February 2008.*

2. *Chair for platform presentations at the Osteopathic Learning and Practice conference and the International Conference on Advances in Osteopathic Research, organised by the Lake Erie College of Osteopathic Medicine and British College of Osteopathic Medicine on the 5-7th September 2008 in Bradenton, Florida, USA.*
3. *Keynote speaker at the College of Osteopaths (COET) research conference, November 2008.*
4. *Chair for platform presentations at the International Conference on Advances in Osteopathic Research, organised by the Italian College of Osteopathic Medicine and British College of Osteopathic Medicine on the 28th-30th May 2010 in Milan, Italy.*
5. *Member of the scientific committee for the International Conference of Osteopathic Medicine, 27th – 29th September 2013 in Pescara, Italy.*

Research funding

Oxford Brookes University

2-year teaching fellowship (£7,000)**2004 – 2006***Doctoral research supervision*

University of Bedfordshire

Director of Studies – Ms Cindy McIntyre

*'A guided reflection study exploring professional practice and the role of touch, intuition and metacognition in osteopathic clinical reasoning'***2013 –**

University of Bedfordshire

Director of Studies – Mr Martin Pendry

*'Osteopaths' function of touch in a clinical setting'***2015 –**

MEMBERSHIPS

Registered with the General Osteopathic Council (3/4004/F)

Member of the Institute of Osteopathy

Fellow of the Higher Education Academy

Fellow of the Federacao Portuguesa de Osteopatas

Member of the Association for Psychological Science

LANGUAGES

Portuguese – native language

English – speak fluently and read/write with high proficiency

Spanish – speak, read, and write with basic competence

French – speak, read with basic competence

Italian – speak, read with basic competence

VOLUNTEER EXPERIENCE

World Junior Championships in Athletics, Lisbon, Portugal

July 1994

Responsibilities: Management of athletes and officials' accommodation.

European Cup in Athletics, Lisbon, Portugal
June 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.

European Cross Country Championships, Lisbon, Portugal
December 1996

Responsibilities: Management of athletes and officials' accommodation and logistics.

Oxford Fencing Club
June 2009 - 2015

Responsibilities: Committee member, chairman

Portuguese Fencing Federation
February 2012 -

Responsibilities: Osteopath - provided support to the Portuguese team at the European Cadet and Junior Championships in 2012 in Porec, Croatia, in 2013 in Budapest, Hungary, and in 2015 in Maribor, Slovenia; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.

British Fencing
February 2012 -

Responsibilities: Osteopath - provided support to the British team at the European Cadet and Junior Championships in 2012 in Porec, Croatia and in 2013 in Budapest, Hungary; and at the World Cadet and Junior Championships in 2012 in Moscow, Russia and in 2013 in Porec, Croatia.